



**UC DAVIS**  
**Olive Center**

at the Robert Mondavi Institute

# **The US Experience on Olive Oil Production and Quality**

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# WHO WE ARE

- Self supporting
- Research, education and outreach
- A portal to UC Davis and global resources
- Dedicated to California



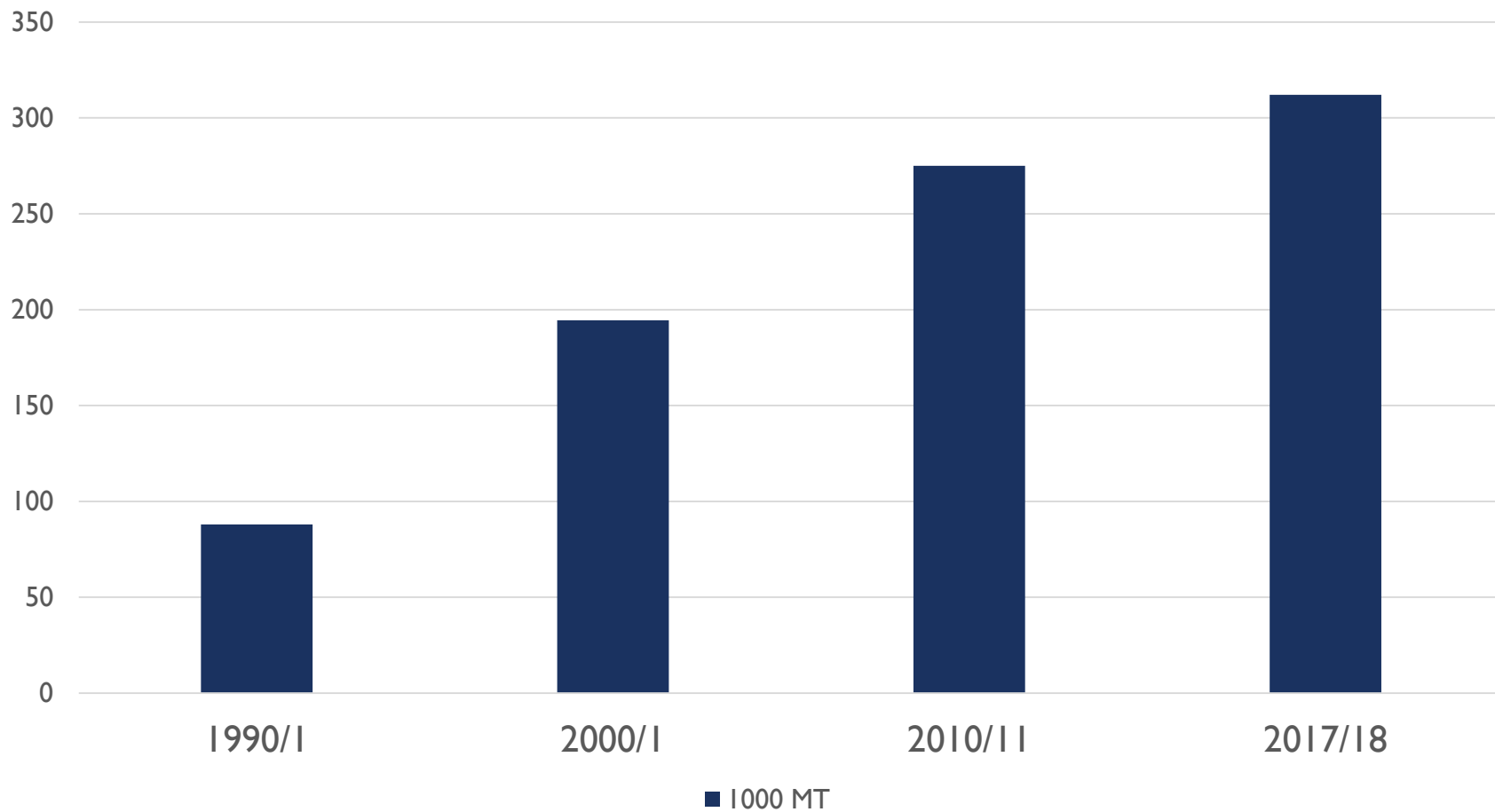
# RESEARCH SUPPORT

- Olive Oil Commission of CA
- California Olive Committee
- USDA and CDFA
- Olive Center resources
- Philanthropic



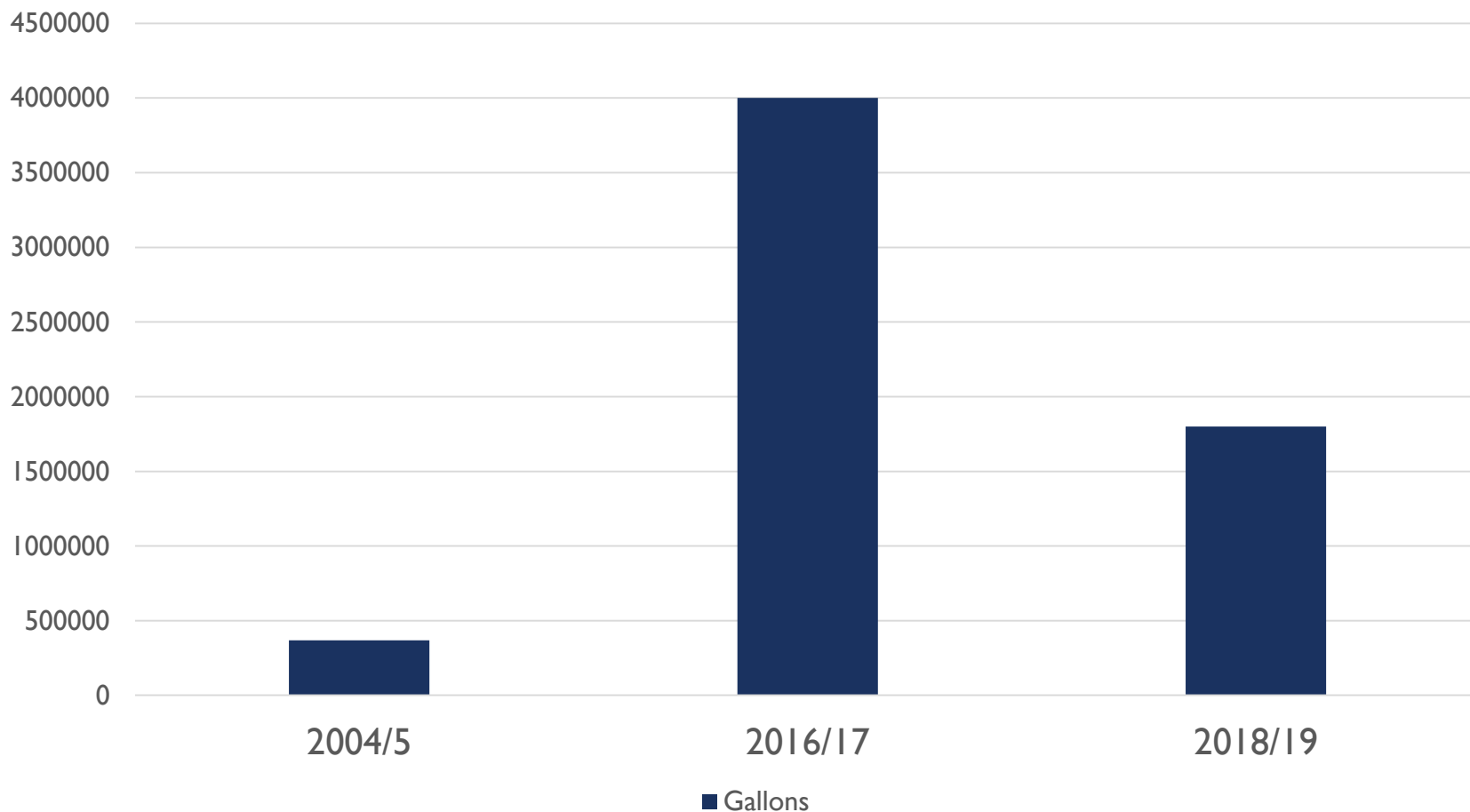
Firmin Berta at UC Davis Wolfskill Ranch

# US OLIVE OIL CONSUMPTION



IOC, June 2018

# CALIFORNIA OLIVE OIL PRODUCTION



Vossen (2005), IOC (2018), Olive Oil Times (2019)

# OLIVE OIL COMMISSION OF CALIFORNIA

- State governmental entity, CDFA
- Recommend CA standards and fund research
- Grower assessment  $\leq$  25 cents/gal,  $>$  5,000 gal
- Mandatory testing and traceability



# STRICTER CALIFORNIA STANDARDS

	IOC	CALIFORNIA
FFA	$\leq 0.8$	$\leq 0.5$
PV	$\leq 20$	$\leq 15$
$K_{232}$	$\leq 2.50$	$\leq 2.40$
DAGs	-	$\geq 35$
PPP	-	$\leq 17$

# RESEARCH ON QUALITY AND PURITY

- Analyzed testing data shortly after harvest
- Analyzed CA olive oil > one year after harvest
- Analyzed data on sterols and fatty acids.

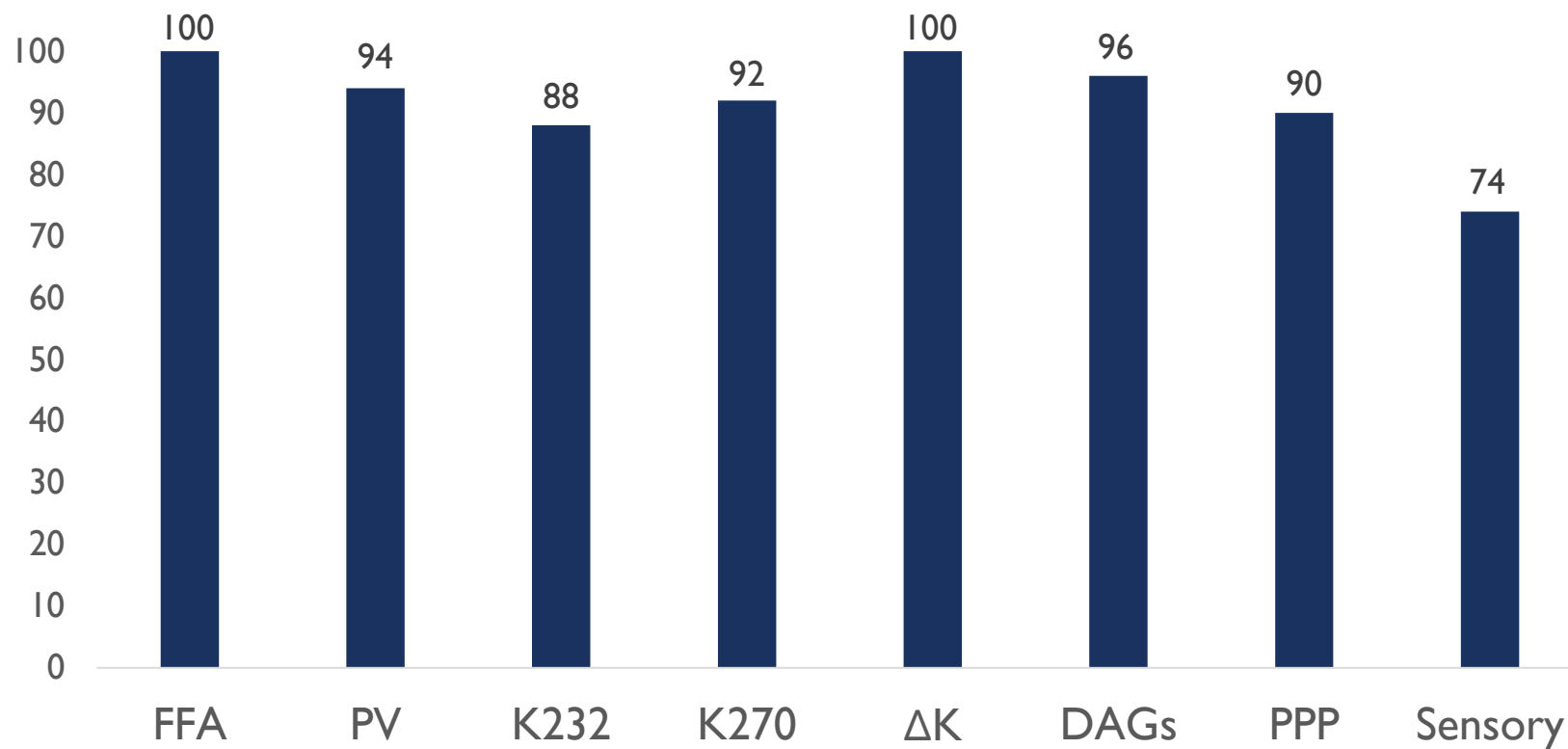




# MANDATORY TESTING RESULTS

- All 161 samples designated as EXTRA VIRGIN grade prior to testing met those standards.
- 11 of 12 samples designated as VIRGIN or CRUDE grade met those standards.
- 13 of 14 samples UNDESIGNATED met extra virgin standards.

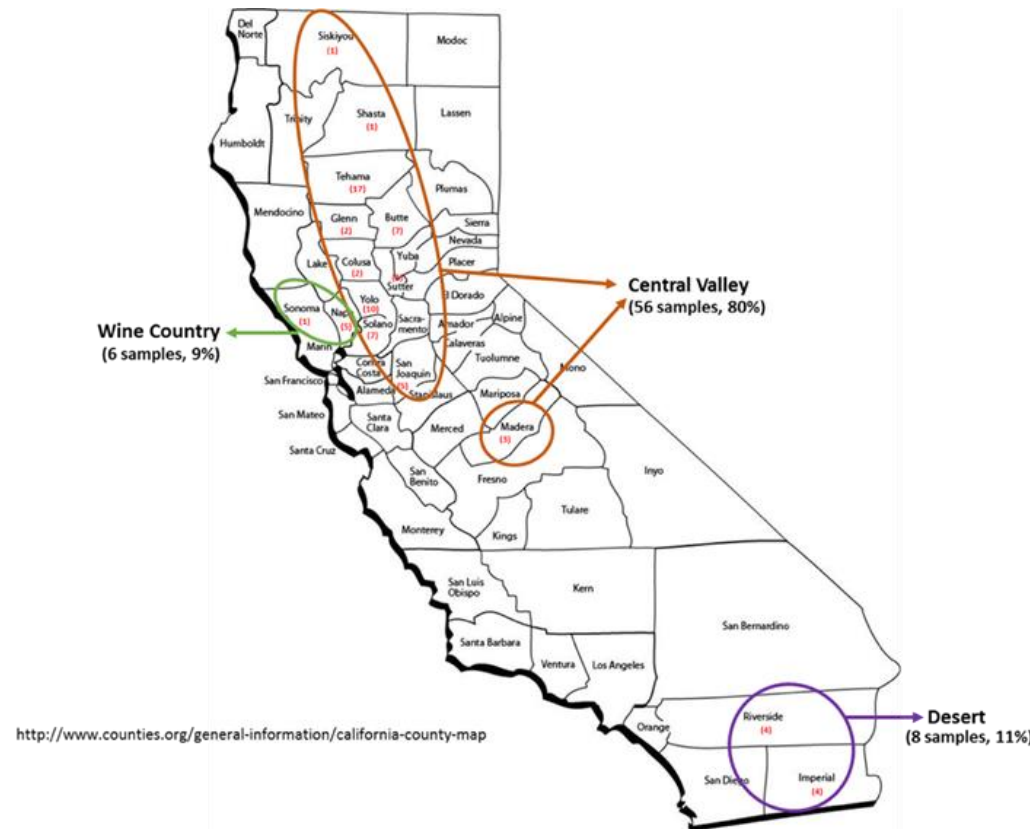
# AFTER ONE YEAR: ROOM FOR IMPROVEMENT



UC Davis Olive Center, "Evaluation 50 California Olive Oil Samples at Least One Year After Harvest," Submitted to the Olive Oil Commission of California, August 2018

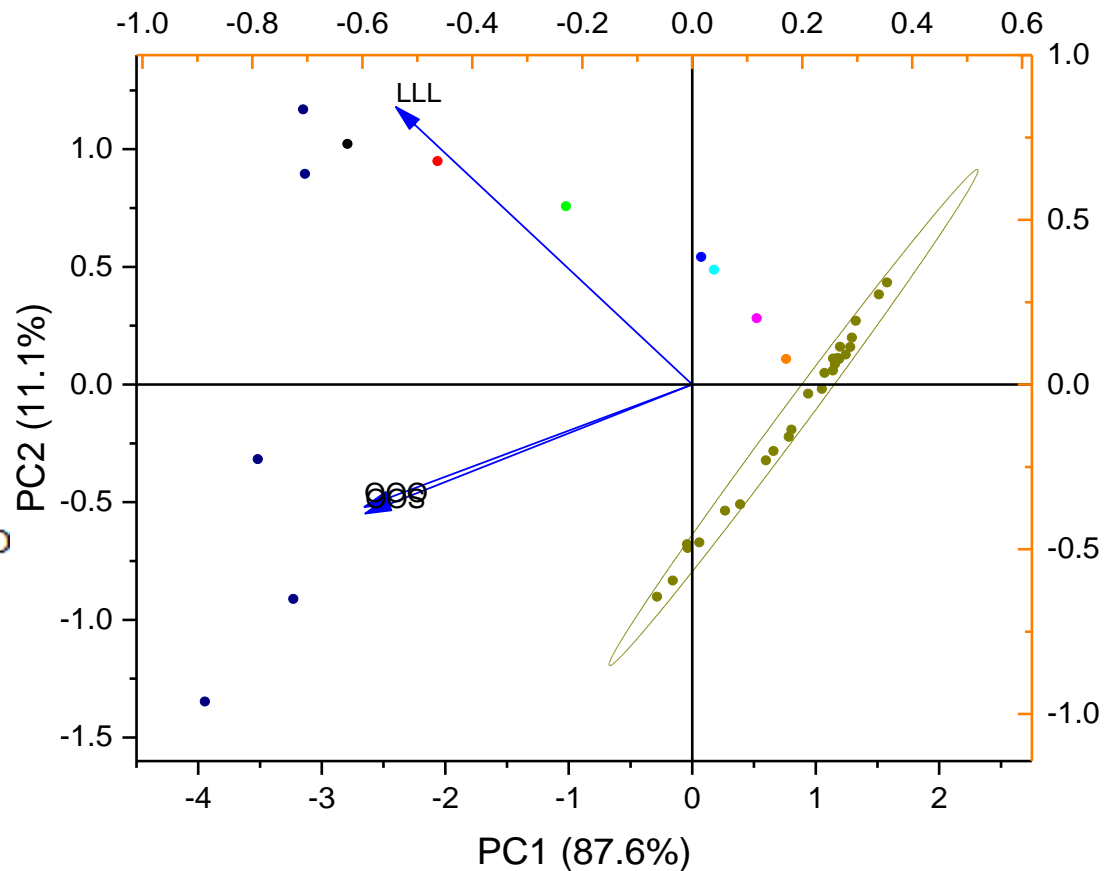
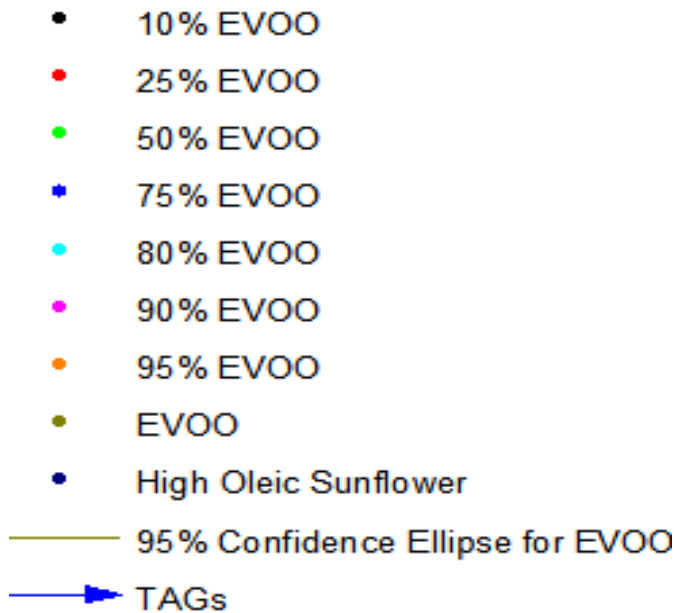
# PURITY STANDARDS DON'T FIT CA CHEMISTRY

- 9% (6 of 70 samples) outside USDA limits
  - 1/2 Koroneiki
  - 1/2 Central Valley
  - ~1/2 Desert



UC Davis Olive Center, "Evaluation of Sterol and Fatty Acid Profiles, California Olive Oil 2017/18 Season"  
Submitted to the Olive Oil Commission of California, August 2018

# LOWER-COST PURITY METHOD ON HORIZON



- Saves prep hours
- Dilute and shoot
- Detect @ 5 -10%

# BETTER ACCURACY OF FRUIT PARAMETERS

- NIR for oil/moisture analysis
- Database is key to accuracy
- Options for all production sizes



Lee, C.; Polari, J. J.; Kramer, K. E.; Wang, S. C. *ACS Omega*, **2018**, 3(11), 16081–16088: “Near-Infrared (NIR) Spectrometry as a Fast and Reliable Tool for Fat and Moisture Analyses in Olives”

# IMPROVING PROCESSING

- Impact of crushing speed on oil extraction and quality (Arbosana)
- Interaction between crushing variables and malaxation time (Arbequina)



Lauren Crawford

# CRUSHING SPEED RESULTS

- Hammer mill rotor speed at 2400, 3000, 3600 rpm. At 3600 rpm:
- Oil extraction +1.2%
- Pungency +29%, other sensory unchanged
- Total phenols +18%
- Chlorophyll increased

Polari, J. J.; Garci-Aguirre, D.; Olmo-Garcia L.; Carrasco-Pancorbo, A. Wang, S. C. *Food Chem.*, **2017**, *242*, 362-368: "Impact of Industrial Hammer Mill Rotor Speed on Extraction Efficiency and Quality of Extra Virgin Olive Oil"

# CRUSHING AND MALAXATION RESULTS

- Crushing speed (2400 or 3600 rpm)
- Grid size (5 mm or 7 mm)
- Malaxation time (30 or 75 minutes)

Polari, J. J.; Garci-Aguirre, D.; Olmo-Garcia L.; Carrasco-Pancorbo, A. Wang, S. C. *Eur. J. Lipid Sci. Technol.*, **2018**, 180097: “Interactions Between Hammer Mill Crushing Variables and Malaxation Time During Continuous Olive Oil Extraction”



# CRUSHING AND MALAXATION RESULTS

- Combination of smaller grid size, lower rotor speed, and longer malaxation time gave the highest yield (89.4%)
- Same variables with shorter malaxation time gave the lowest yield (84.7%)
- FFA, PV, and DAGs adversely affected by longer malaxation time

Polari, J. J.; Garci-Aguirre, D.; Olmo-Garcia L.; Carrasco-Pancorbo, A. Wang, S. C. *Food Chem.*, **2017**, *242*, 362-368: “Impact of Industrial Hammer Mill Rotor Speed on Extraction Efficiency and Quality of Extra Virgin Olive Oil”

# FUTURE RESEARCH INTERESTS

- Higher yield in olive production
  - Olive Knot
  - Climate resilience
  - Breeding
  - In states outside of CA
- Improve and understand nutrition of EVOO
- Byproduct



**THANK YOU  
FOR YOUR ATTENTION**

